MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
JUNE 2 – 6, 2025

	MONDAY 6/2/25	TUESDAY 6/3/25	WEDNESDAY 6/4/25	THURSDAY 6/5/25	FRIDAY 6/6/25
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
Entrée	**Manager's Choice** OR** Cinnamon Pan Dulce **V** (R2252)	**Manager's Choice** OR** Morning Beef Sausage Sandwich (R0108)	**Manager's Choice ** OR** Fiesta Bean & Cheese Burrito **V** (R1099) Optional: Fresh Salsa (R4613)	**Manager's Choice ** OR** Turkey Sausage Danish (R1276)	**Manager's Choice ** OR** Café LA Coffee Cake **V** (CMS #2773)
Fruit, (½ c)	Perfect Pears (R3163)	Applesauce (R3347)	Peachy Peaches (R3292)	Banana (CMS #3204)	Perfect Pears (R3163)
Fruit Juice (½ c, 4 oz)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**
Entrée	**Manager's Choice ** OR** All Star Turkey Hot Dog (R0584)	**Manager's Choice** OR** Manager's Choice Sandwich**	**Manager's Choice ** OR** Café LA Burger (R0090) **OR** Café LA Cheeseburger (R0128)	**Manager's Choice** OR** Manager's Choice Sandwich**	**Manager's Choice ** OR** Pepperoni Pizza Wedge (R0730) **OR** Cheese Pizza Wedge (R1124)
Vegetable (½ c)	Cooked Baby Carrots (R4374)	Creamy Mashed Potato (R4515)	Cooked Spinach (R4425)	Cooked Baby Carrots (R4374)	Roasted Potato Wedges (R4370)
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Orange Medley Juice (CMS #1308)	Fiesta Pinto Beans (R1912)	Cooked Broccoli Florets (R4278)	Cooked Spinach (R4425)
Fruit (½ c)	Applesauce (R3347)	Peachy Peaches (R3292)	Perfect Pears (R3163)	Peachy Peaches (R3292)	Banana (CMS #3204)
Fruit Juice (½ c, 4 oz)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**
Entrée	**Manager's Choice ** OR** Longboard Pizza, *(Chicken & Jalapeno)* (R1156)	**Manager's Choice** OR** Cheesy Pillows **V** (R1119)	**Manager's Choice** OR** Chicken Parmesan Wrap (R5751-DW, R5752-CB)	**Manager's Choice ** OR** Fiestada Stuffed Sandwich *(Beef & Cheese)* (R0159)	**Manager's Choice ** OR** Beef & Cheese Burrito (R0145)
Vegetable (½ c)	**Manager's Choice ** OR** Cherry Smooth Cup	**Manager's Choice** OR**	Cooked Carrots (R4374)	**Manager's Choice ** OR**	Cooked Broccoli (R4278)

Date: 4/17/25

	(CMS #2364)	Berry Berry Blue Slush (CMS #2827)		Paradise Punch Vegetable Juice (CMS #1681)	
Fruit (½ c)	Peachy Peaches (R3292)	Perfect Pears (R3212)	Applesauce (R3347)	Perfect Pears (R3212)	Strawberry Creamsicle (CMS #2861)
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk

Manager's Choice* for All Meals: Use inventory on hand. If there is not enough inventory to meet menu needs, then use the "OR" item for the designated service date. No more than half of the fruit offerings for the week may be in the form of juice. For Supper: Fruit and Vegetable – Juice may only be used once to meet the vegetable OR fruit components each day, and NOT for both.

CONDIMENT	CONDIMENT	CONDIMENT	CONDIMENT	CONDIMENT	CONDIMENT
CONDIMENTS B=Breakfast L=Lunch S=Supper	L-Mustard, Ketchup	L-Mustard, Mayo	B-Taco Sauce L-Ketchup, Mustard, Mayo	L-Mustard, Mayo	S-Taco Sauce

All the Grain/Bread items served are whole grain rich.

Milk (Must serve two choices from the following four options – Fat-Free Milk, Low-Fat Milk, Fat-Free Lactose Free Milk, Fat-Free Chocolate Milk, Fat-Free Strawberry Milk)

Breakfast: Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt (R5617-DW/ R5618-CB) and crackers can be served in place of any breakfast option.

Lunch: Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. Offer entrée 2.
2. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
3. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: ~~Yellow Submarine Sandwich (R0771), Turkey Ham & Cheese Sandwich (R0912)~~, Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **V**

Fruit: Fresh Banana can be used any time in place of juice or canned fruit.

V = Vegetarian